



Academic Success Workshops

www.counseling.umd.edu/las/services/workshops

Fall 2016

Math Mondays

ABCs of Math Success
October 17

T³ for Math: Tackling The Test
December 5

Tuesday Tips

Schedule Crunch (0229 Lefrak)
September 13

10 Tips for Academic Success
September 20

Tips for Maximizing the Time
in Your Life
November 1

Wednesday Workshops

Exams: From Beginning to End
September 21

Manage the Time in Your Life
October 5

Exams: From Beginning to End
October 19

#Mindset
October 26

Break the Perfectionism-
Procrastination Cycle
November 2

Save Your Semester
November 30

Finals: Stress Less
December 7

Online Workshops

10 Tips for Academic Success, September 20, 12—1 pm
ABCs of Math Success, October 17, 12-1 pm
Exams: From Beginning to End, November 8, 12—1 pm

No advance registration required. To join the workshop, go to
<https://webmeeting.umd.edu/lasworkshops/>

In-person workshops, except *Schedule Crunch*, are held 4:15 - 5:15 pm in 2202 Shoemaker. Students attending 3 or more workshops will be entered into a drawing to win a \$25 Visa gift card.

Last year's winner told us:

"...I was able to learn various strategies to succeed academically... the workshops are worth it, especially for students who have either just entered college or for those who want to increase their GPA and excel."

Learning Assistance Service

2202 Shoemaker Building • 4281 Chapel Lane • 301-314-7693

www.counseling.umd.edu • las-cc@umd.edu • <https://lasonline.umd.edu>



DIVISION OF
STUDENT AFFAIRS

COUNSELING CENTER
LEARNING ASSISTANCE SERVICE

Fall 2016 Academic Success Workshops

www.counseling.umd.edu/las/services/workshops

Workshop	Date, Time, Location	Description
Schedule Crunch	Tuesday, September 13 4:15 – 5:15 PM 0229 Lefrak Hall	Munch some snacks while you crunch your semester schedule into a one page calendar!
10 Tips for Academic Success	Tuesday, September 20 12:00 – 1:00 PM Online 4:15 – 5:15 PM 2202 Shoemaker	Learn the ten tips that successful students use to get the grades they want in college.
Exams: From Beginning to End	Wednesday, September 21 4:15 – 5:15 PM 2202 Shoemaker Wednesday, October 19 4:15 – 5:15 PM 2202 Shoemaker Tuesday, November 8 12:00 – 1:00 PM Online	Enhance your exam skill strategies to improve your performance on tests.
Manage the Time in Your Life	Wednesday, October 5 4:15 – 5:15 PM 2202 Shoemaker	Take control of the way you spend your 168 hours each week!
ABCs of Math Success	Monday, October 17 12:00 – 1:00 PM Online 4:15 – 5:15 PM 2202 Shoemaker	Learn how to be more confident in your math classes by studying smarter, not harder.
#Mindset	Wednesday, October 26 4:15 – 5:15 PM 2202 Shoemaker	Discover how your mindset (mental attitude) influences academic success.
Tips for Maximizing the Time in Your Life	Tuesday, November 1 4:15 – 5:15 PM 2202 Shoemaker	Take control of the way you spend your 168 hours each week!
Break the Perfectionism-Procrastination Cycle	Wednesday, November 2 4:15 – 5:15 PM 2202 Shoemaker	Learn tips for overcoming procrastination triggered by perfectionism.
Save Your Semester	Wednesday, November 30 4:15 – 5:15 PM 2202 Shoemaker	Organize the remaining weeks of your semester to prepare for finals.
T ³ for Math: Tackling The Test	Monday, December 5 4:15 – 5:15 PM 2202 Shoemaker	Take charge of your math exams! Develop a game plan to prepare effectively for your tests.
Finals: Stress Less	Wednesday, December 7 4:15 – 5:15 PM 2202 Shoemaker	Learn strategies to minimize stress and maximize success for finals!

Learning Assistance Service

2202 Shoemaker Building • 4281 Chapel Lane • 301-314-7693

www.counseling.umd.edu/LAS • las-cc@umd.edu • <https://lasonline.umd.edu>